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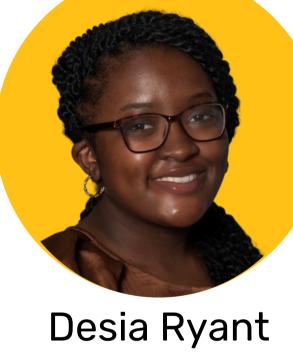
Unlock Your Potential



Carmen Adams



**Aundrea Gibbons** 





**Roberto Cortes** 



Rebecca Oliveira



Cynthia Quiroz





### AGENDA

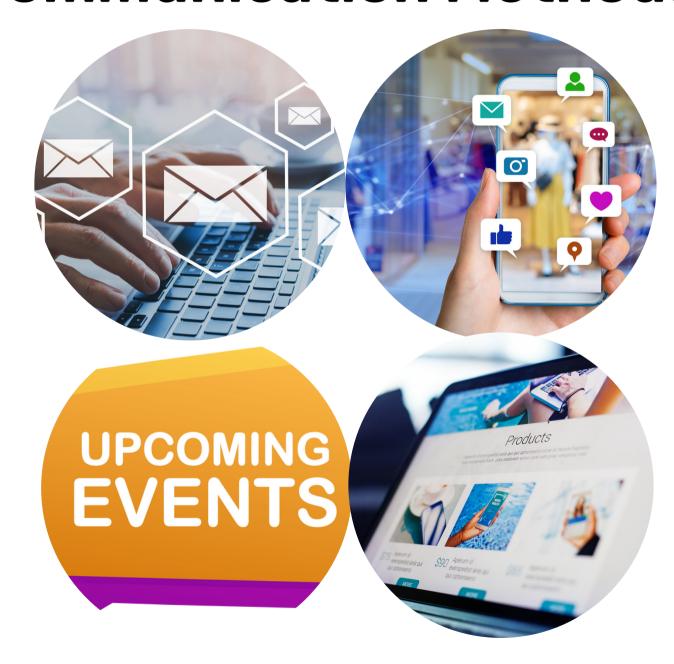
- 1. Finding a Common Thread
- 2. The Lock
  - a. Company Analysis
- 3. Cutting The Key
  - a. Target Audience Profile
  - b. "Food Is Medicine" Campaign strategy
- 4. Getting The Lockholder
  - a. Reevaluating Goals
- 5. Testing the Key
  - a. Metrics

# Finding A Common Thread Communication Audit

### **Tone**



### **Communication Methods**





# Company Analysis

### Strengths

- Programs
- Virtual and in-person
- Recipe attraction

### Weaknesses

- Social media presence
  & engagement
- Newsletter sign up difficulty



### **Opportunities**

- Partnering
- Health concern of millennials
- Operations in big cities

### **Threats**

- Healthy eating affordability misconception
- Aftermath of pandemic

Objectives + Adjusting the Lock

Increase social media following by 30% by • December 2023







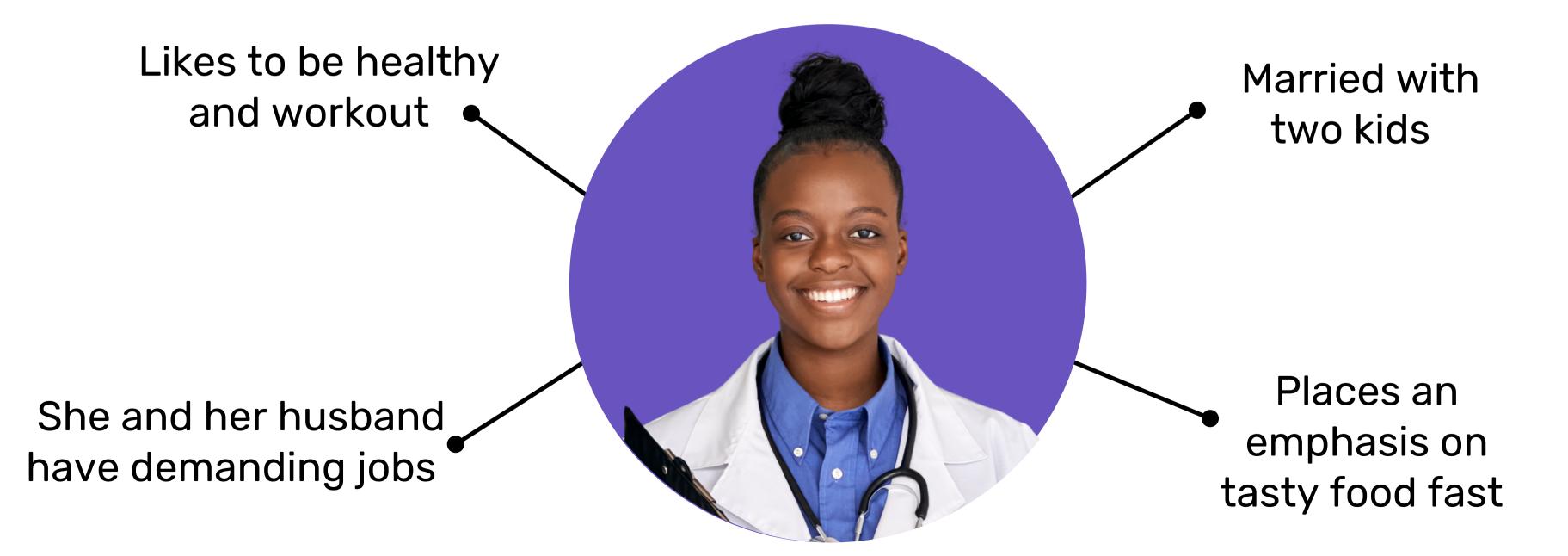
## **Balanced Betty**

AGE: 38

**GENDER:** Female

HOMETOWN: Chicago, Illinois

JOB: Doctor



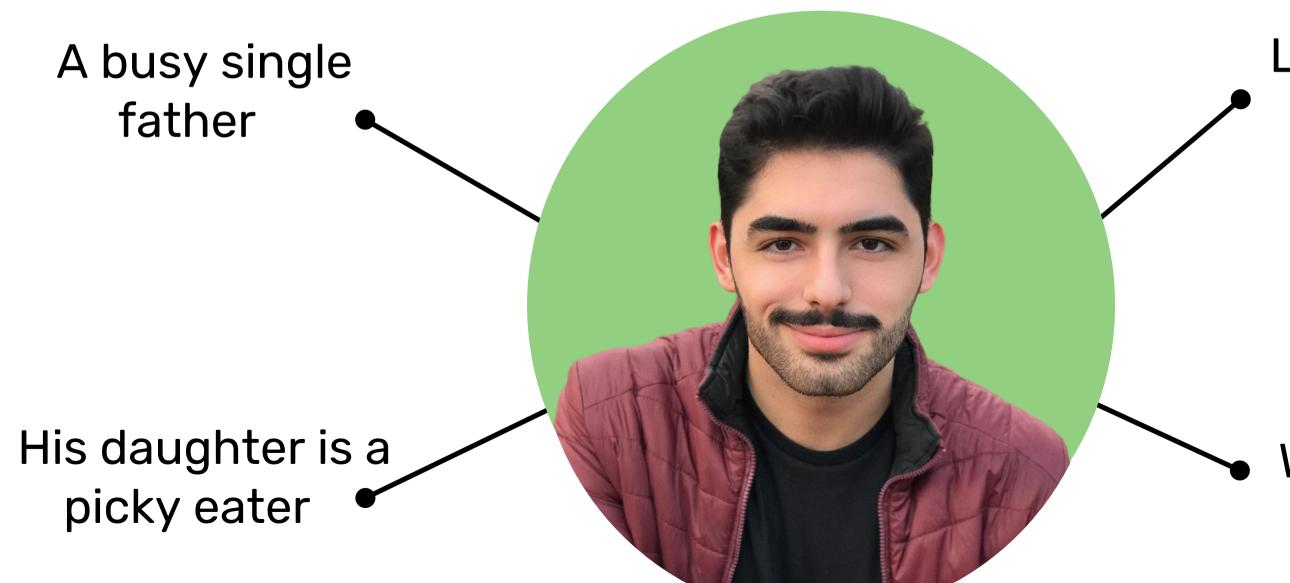
# Busy Bill

AGE: 32

**GENDER:** Male

HOMETOWN: El Paso, Texas

JOB: Locksmith



Listens to local R&B and rock stations

Wants to make fun meals with his daughter

# Healthy Heather

**AGE: 26** 

**GENDER:** Female

HOMETOWN: New York, New York

JOB: Media Intern

Recent New York University Grad



Loves to watch DIY videos

Wants a health conscious diet

**High Cholesterol** 





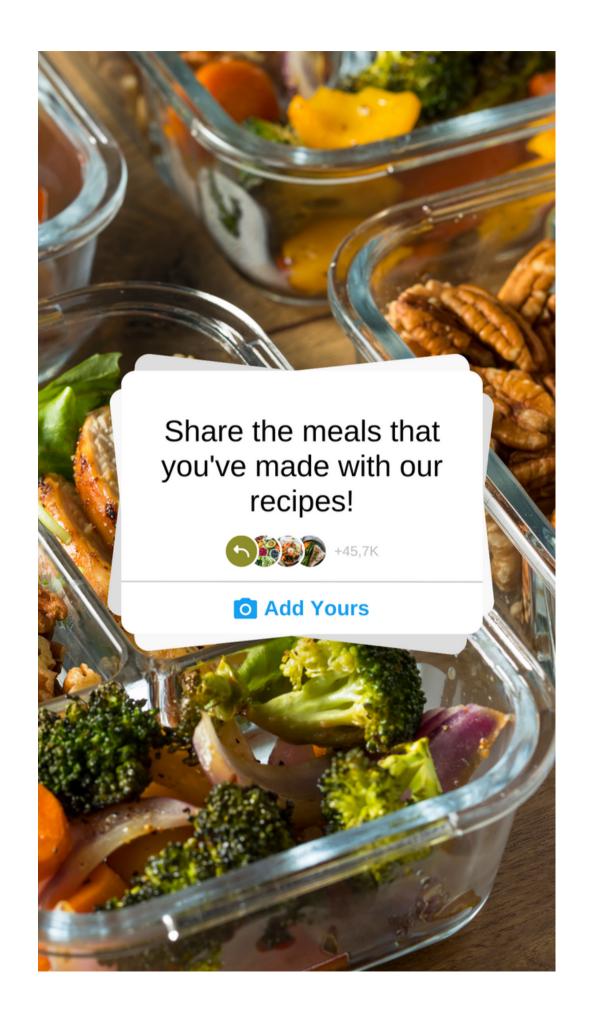
- Add newsletter pop-up
- Emphasize incentives for signing up:
  - Exclusive recipes from the campaign
  - Input with recipesurveys



#### **SUBSCRIBE TO OUR NEWSLETTER**

Get updates, exclusive recipes, and more!

Your email address











 IG has evolved- focus more on reels, stories, and highlights



- feature "How to..." and "Meals On a Budget" segments
- For YouTube, shorts are trending

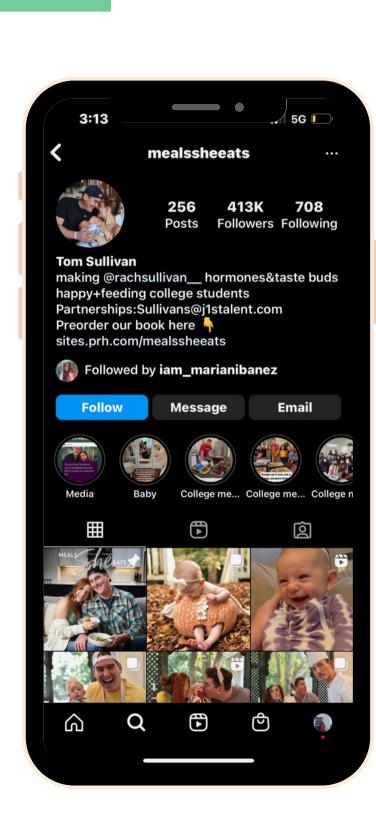


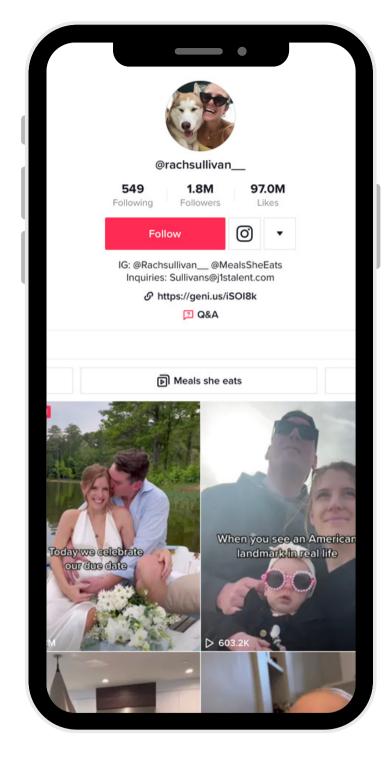


- reach out to local chefs
- micro-influencers

### Potential Influencer

- Rachel Sullivan = Chicago native
- Lives with PCOS, a hormonal imbalance that causes infertility
- Husband Tom began making her health conscious meals to increase her fertility chances.





10 Emphasizes on the company's mission Showcases 10 healthy meals \$20 meals in under 30 minutes Presented through a Reels series and YouTube 30 Exclusive recipes that are only available through the newsletter

### TIMELINE



#### **FIRST PHASE**

Implement newsletter pop-up

### **SECOND PHASE**

 Limit Recipes to newsletter Subs

#### **THIRD PHASE**

 Reach out to Influencers







